



# Would you like to hear from us?

PHASE Worldwide is a UK Registered Charity (No.1112734) that supports health, education, and livelihoods projects in Nepal. If you would like to hear from us, please fill out your details below.

| First Name | Last Name | Email Address | Full Address | Post Code | Email, Post, or Both? |
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By signing up to PHASE Worldwide communications, you are confirming that you are happy for us to contact you. We will contact you, as per your preference, to let you know about news from Nepal, events, fundraising and appeals. We will never sell or trade your details. You can stop receiving communications from us at any time by emailing [info@phaseworldwide.org](mailto:info@phaseworldwide.org) or by clicking the unsubscribe link in any email we send. If you want to read more about how we value your privacy, please read our privacy policy, which is available on our website.